



Sylvan Study Skills Self Evaluation

Student _____ Date _____ Hour _____

Organization and Time Management

	Yes	Sometimes	No	Comments
Am I taking time to plan every day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I keeping track of daily assignments?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I keeping track of long-range assignments?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I keeping track of goals?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I keeping track of grades?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Are my notebooks neat and organized?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Is my home-study area neat and organized?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I taking time to study every day?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Note-taking Strategies

	Yes	Sometimes	No	Comments
Am I taking notes in all my classes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I reworking those notes at home?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I using any new techniques for note taking?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Reading Study Strategies

	Yes	Sometimes	No	Comments
Am I previewing before I read?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I choosing to remember what I read?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I choosing a specific reading process or technique based upon my purpose and the content of the material?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I reviewing material I have read or my notes on a regular basis?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____

Test-taking Strategies

	Yes	Sometimes	No	Comments
Am I studying for tests earlier than the night before?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I budgeting my time during a test?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I thinking before I answer test questions?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I taking time to review a test before I turn it in to the teacher?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____
Am I using old tests for studying?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	_____